

TOUR OF SUSSEX PROGRAMME

2019 WOMEN'S STAGE RACE
STAGES 01-03: MAY 25-26

STAGE ONE: ROAD RACE
LADIES MILE - MAY 25 (AM)

STAGE TWO: TIME TRIAL
BEACHY HEAD - MAY 25 (PM)

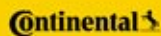
STAGE THREE: ROAD RACE
BEACHY HEAD CIRCUIT - MAY 26 (PM)

THE BEACHY HEAD CLASSIC
SUPPORT RACE: MAY 26 (AM)

EVENT PARTNERS:



Leigh Day



cyclinghub



KAPOW!

YOU CAN BE A
SUPERHERO FOR MARTLETS

**EARLY
BIRD ENTRY**
See website for details
Ends 31 May

5KM GIANT INFLATABLE OBSTACLE COURSE
SATURDAY 14 SEPTEMBER

Where: Preston Park Open to anyone over 1.2m tall When: 11am - 12.30pm

Sign up TODAY: www.themartlets.org.uk/kapow19

Registered with



FUNDRAISING
REGULATOR

trident.
network cloud support

Headline Sponsor



Martlets
life-changing hospice care

With huge thanks to



Registered Charity Number 802145



Now established as one of the UK's largest and most revered grassroots multi-stage road races, we are delighted to be bringing the Men's and Women's Tour of Sussex into its 7th summer.

From the brink of cancellation, it's been a bumpy ride with rescheduling and format changes, but everything is now in place and we couldn't be more excited to see the return of the Women's stage race!

This will be the 2nd edition of the WToS and we're expecting to witness more of the same determined and hard-fought racing that we saw in 2017.

Our goal has always been to put on events that we would like to be racing in ourselves. To deliver a pro-rider experience to the grassroots riders, all the way from juniors on their way up to the weekend warriors and seasoned veterans.

CONTENTS

Stage Race: Rules and Regs	6
Key Stage Information	7
Stage by Stage Breakdown	10
2019 Tour of Sussex Summary	16
Yellow Jersey Preview	19
Blue Jersey & Points Comp	21
Prize List	23
Rider Lineup	25
Previous WToS Results	27
Beachy Head Classic	29
Special Thanks & Final Message	31

HIGHLIGHTS



NEW WEBSITE

New for 2019; the Tour of Sussex website is now live after being redesigned by event organisers Three Sixty Sport Ltd.



MARTLETS HOSPICE

The Tour of Sussex will be raising funds and awareness for Event Charity Partner: Martlets Hospice.



BEACHY HEAD CLASSIC

Also returning for its 2nd Edition, a full field of 80 riders will be racing in support of the WToS.





WE ARE SUSSEX

Building on our foundations of quality, performance, innovation, and style; we develop performance bikes in the heart of Sussex. We are proud to call this our Home, our Inspiration, our Testing Ground.

#sussexborn



WWW.ORROBIKES.COM

OFFICIAL WOMEN'S TOUR OF SUSSEX

Rules and Regulations

- 1. All Rules and Regulations of British Cycling are to be obeyed at all times.**
- 2. Race and Ride in accordance with all road laws.**
- 3. Treat other road users, race officials and general public with respect - any swearing and abuse will be dealt with by a zero tolerance policy.**
- 4. Take your litter home, any rider found discarding litter will be disqualified from the race.**
- 5. Sign-on will close 30 minutes before each stage.**
- 6. Each rider must sign only for themselves, any rider caught signing on team mates will be disqualified.**
- 7. If you are a jersey holder you must wear your jersey as provided by the organisers.**
- 8. Team Time Trial is in your full team, and each team can drop one rider, who will be given an individual time.**
- 9. No TT bikes or disc wheels.**
- 10. All riders are subject to British Cycling, UKADA and UCI anti-doping regulations.**
- 11. All riders must wear their team kit during the race.**
- 12. Numbers to be placed on the left.**
- 13. No following cars allowed.**
- 14. No radio communications equipment is to be used.**
- 15. All riders are to attend each stages prize giving unless agreed by the organiser.**

KEY STAGE INFO

Stage 1 - Saturday 25th May (am)

Road Race - Start: 09:00 - Finish: 12:00

Ladies Mile Circuit - 12 Laps

Total Distance: 51 miles

Registration Open: 07:30 - Registration Close: 08:30

Rider HQ: Nutley Memorial Village Hall, High St,
Nutley, Maresfield, Uckfield, TN22 3NE

Stage 2 - Saturday 25th May (pm)

Individual Time Trial - First Rider: 18:00 - Last Rider: 19:00

Eastbourne to Beachy Head

Total Distance: 2 miles

Registration Open: 16:30 - Registration Close: 17:30

Rider HQ: The Lansdowne Hotel, King Edward's Parade,
Eastbourne, BN21 4EE

Stage 3 - Saturday 26th May (pm)

Road Race - Start: 13:30 - Finish: 16:00

Beachy Head Circuit - 8 Laps

Total Distance: 56 miles

Registration Open: 11:30 - Registration Close: 12:30

Rider HQ: The Lansdowne Hotel, King Edward's Parade,
Eastbourne, BN21 4EE

Final Presentations: 17:00



TOUR OF SUSSEX COVERAGE PROUDLY FILMED BY


ZOUZOU
PICTURES

BESPOKE VIDEO AND PHOTOGRAPHY

Commercial - Events - Property



View our full portfolio online:
www.zouzoupictures.co.uk

01273 251081
Remi@zouzoupictures.co.uk



TOUR OF

SUSSEX



EVENT PARTNERS



Leigh Day



cyclinghub



H H W G S A G B D

H R S H H H H R S

S S M S G H A H W

H H H H G B G A N

H S N R G H V H K





Stage 1

Road Race

Ladies Mile
Ashdown Forest

Rider HQ:

Nutley Memorial
Village Hall, High St,
Nutley, Maresfield,
Uckfield, TN22 3NE

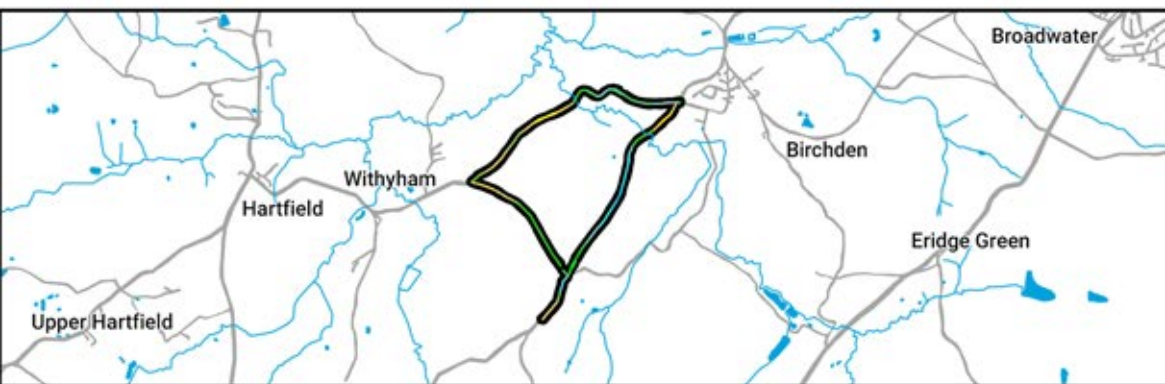
Rider Registration

Open: 07:30
Close: 08:30
Briefing: 09:00

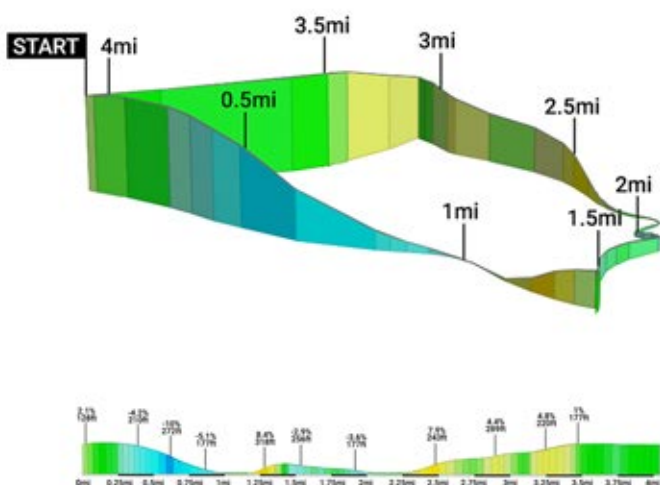
Key Race Info

Start Time: 09:00
Circuit Laps: 12
Distance: 51 miles
Points Comp: Lap 3
Lap 4

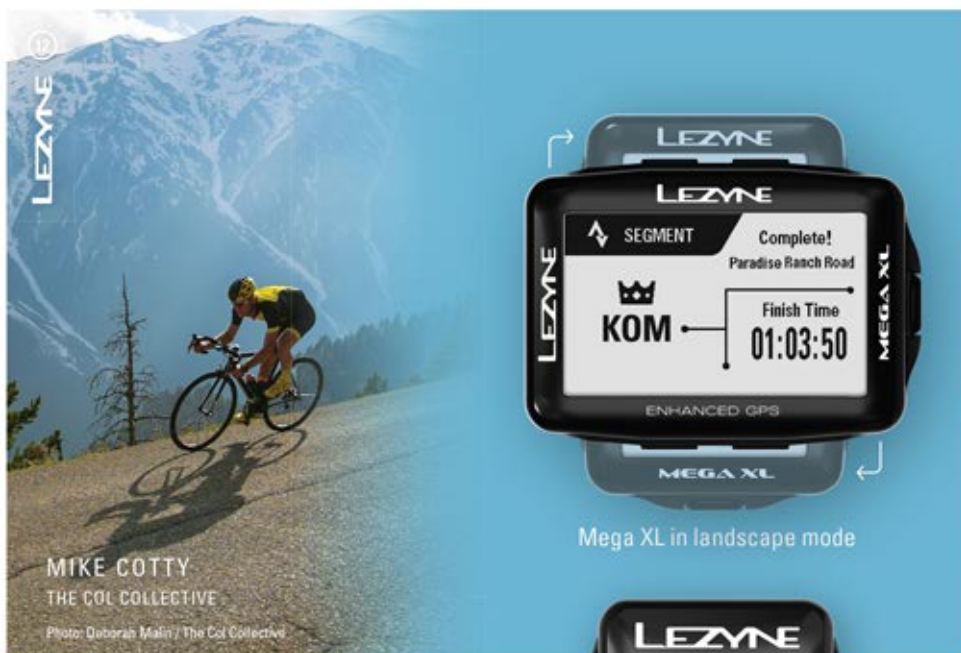
2019 Tour of Sussex
Event Mapping Partner:



Event Partners



LEZYNE



MIKE COTTY
THE COL COLLECTIVE

Photo: Deborah Malin / The Col Collective

Mega XL in landscape mode

TRAINING ON THE BIG SCREEN

CUSTOMIZED TRAINING
HAS NEVER BEEN SO CLEAR

- Large screens with clear, high resolution graphics
- Fully Integrated with TrainingPeaks and Today's Plan
- Dual metrics on one screen
- Import and follow personalized structured workouts
- Full complement of essential training data fields
- Custom screen layouts
- Indoor trainer mode



Mega Color

STRAVA TRAININGPEAKS today's plan

WAGNER RIDE Di2 RED®

MEGA GPS

THE BEST CYCLING GPS FOR YOU



TOUR OF SUSSEX

Stage 2 - Beachy Head Individual Time Trial

- ① Race Start
- ② Finish Line

Rider HQ

Lansdowne Hotel
King Edward's Parade,
Eastbourne, BN21 4EE

Rider Registration

Open: 16:30
Close: 17:30
Briefing: 17:45

Key Race Info

First Rider: 18:00
Last Rider: 19:00
Distance: 2 miles



Call the Winning Team



Mike Oliver Associates (MOA) is a multi-award-winning team of Independent Financial Advisers, directly authorised by the Financial Conduct Authority (FCA).

We have a first-class reputation across the country for friendly, informative and professional advice – ensuring that you feel safe and secure while making decisions on everything from wealth, pensions and investments to mortgages, wills and trusts. Our principal Mike Oliver is a specially accredited adviser for Later Life and Equity Release.

Making important financial decisions doesn't have to be daunting - Mike Oliver Associates are just a call away, ready to make a wealth of difference.

Find out more by visiting: www.moaifa.co.uk or call us on: 01444 449 222.



A wealth of difference

Mike Oliver Associates, Spencer House,
Mill Green Business Estate,
Haywards Heath, West Sussex RH16 1XQ

- T** 01444 449222
- F** 01444 449229
- E** Enquiries@moaifa.co.uk

Mike Oliver Associates is authorised and regulated by the Financial Conduct Authority.



TOUR OF SUSSEX

Stage 3 - Road Race Beachy Head Circuit

- 1 Neutral Zone Start
- 2 Race Start
- 3 Circuit Entry
- 4 Finish Line

Rider HQ

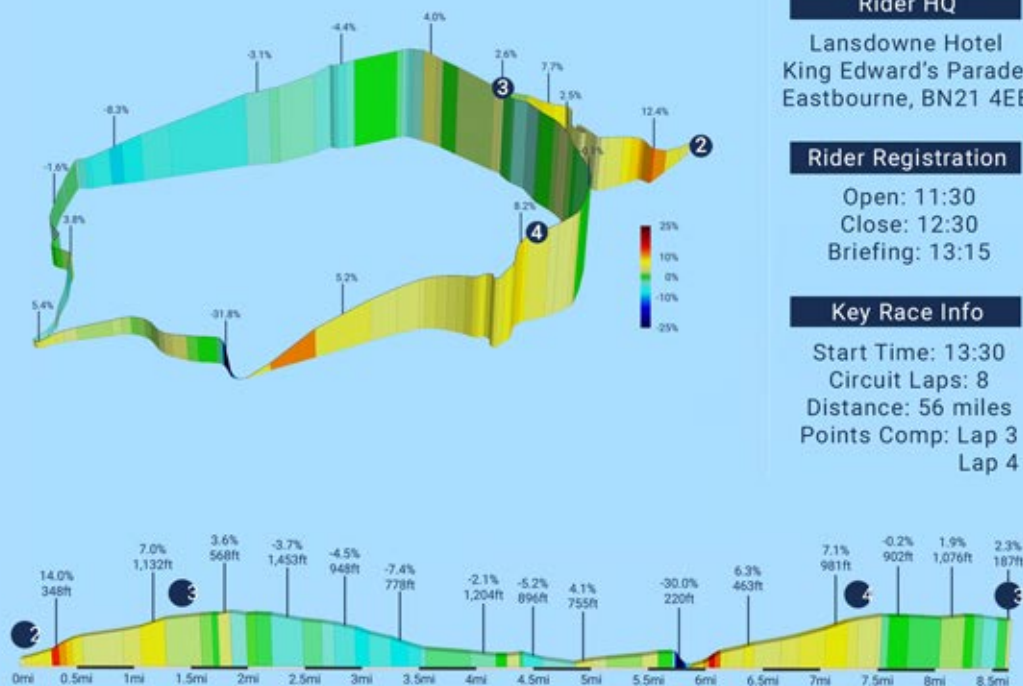
Lansdowne Hotel
King Edward's Parade,
Eastbourne, BN21 4EE

Rider Registration

Open: 11:30
Close: 12:30
Briefing: 13:15

Key Race Info

Start Time: 13:30
Circuit Laps: 8
Distance: 56 miles
Points Comp: Lap 3
Lap 4



Women's Tour
May 25th - 26th



TOUR OF
SUSSEX

2019 Women's Tour
May 25th - 26th


STAGE ONE
LADIES MILE
ROAD RACE

STAGE TWO
BEACHY HEAD
INDIVIDUAL TIME TRIAL

STAGE THREE
BEACHY HEAD CIRCUIT
ROAD RACE

www.tourofussussex.com





Men's Tour
July 4th - 7th



**TOUR OF
SUSSEX**

2019 Men's Tour
July 4th - 7th

STAGE ONE
SEAFORD TOWN
ROAD RACE

STAGE TWO
BEACHY HEAD
TEAM TIME TRIAL


STAGE THREE
DITCHLING BEACON
INDIVIDUAL TIME TRIAL

STAGE FOUR
LADIES MILE
ROAD RACE

STAGE FIVE
ASHDOWN FOREST
ROAD RACE

www.touofsussex.com








Leigh Day

Getting
you back
in the
saddle

@LeighDayCycling

 @leighdaycycling

 /leighdaycycle

 leighdaycycling

www.leighday.co.uk

2019 Leaders Jersey



**TOUR OF
SUSSEX**

2019
Tour of Sussex
Yellow Jersey
sponsored by:

ORO

2017 Champion: Emma Lewis





THRIVE

Get more out of life knowing your finances are working hard for you. As one of the largest wealth managers in Surrey, we provide stability with personalised long-term financial planning.

Contact **Lee Clark** on
01737 223 722 | lee.clark@brewin.co.uk



BREWIN DOLPHIN

PENSIONS | RETIREMENT | INHERITANCE | INVESTMENTS

The value of investments can fall and you may get back less than you invested.

Brewin Dolphin Limited is a member of the London Stock Exchange, and is authorised and regulated by the Financial Conduct Authority (Financial Services Register reference number: 124444).

2019 Points Jersey



2019
Tour of Sussex
Points Competition
sponsored by:



Points Competition

Stages 1-3: Points Allocation

For each stage, points are allocated by finishing in the Top 10:

1st = 10 points	3rd = 8 Points	5th = 6 Points	7th = 4 Points	9th = 2 Points
2nd = 9 Points	4th = 7 Points	6th = 5 Points	8th = 3 Points	10th = 1 Point

Bonus Points are also available from 4 intermediate sprints:

Ladies Mile	Stage 1	Laps 3 & 4
Beachy Head Circuit	Stage 3	Laps 3 & 4

1st = 10 points	2nd = 5 points	3rd = 3 Points
-----------------	----------------	----------------



TOUR OF SUSSEX

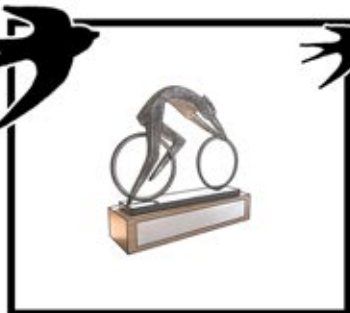
FOLLOW US!

   @DARKSTARBREWCO

DARKSTAR BREWING.CO.UK



PRIZE LIST



Overall Individual Winner GC

General Classification
after 3 Stages:

- 1st:** £300
- 2nd:** £150
- 3rd:** £90



Stage Winners

Top 3 per Stage:

- Continental Tyres
- Continental Inner Tubes
- Birzman Multi-tool



Points Competition

- 1st :** Continental Race Tyres & Tubes
Birzman Multi-tool
iLB Q1 Smart Tail Light
- 2nd :** Continental Training Tyres
- & 3rd** Continental Inner Tubes
Birzman Multi-tool



Lanterne Rouge

Power through and complete the 2019 Tour in last place and bag a box of beers to boot.



Q1 Smart Tail Light



Wireless Remote



iLB Q1 Profile

Features:

- Ride Light -
- Day/Night Auto-Adjust -
- Smart Light -
- Deceleration Warning -
- High-Decibel Warning Bell -
- Quick Setup & Durable -
- Fastening Straps -
- IPX5 Waterproof Rating -
- 16-24h Battery Life -
- Full Charge -
- USB Rechargeable -
- Light Weight Body: 90g -
- Wireless Remote: 20g -



Ride Light



Smart Light



Turning Left



Turning Right

available exclusively at
WWW.ILBTECH.COM
and
cycle republic 



WOMEN'S TOUR OF SUSSEX



May 25th - 26th, 2019

Category: E/1/2/3/4


NAME

TEAM

Michelle Arthurs-Brennan	1904 RT
Gemma Hayes	1904 RT
Mathilde Pauls	1904 RT
Vivienne Tomlin	1904 RT
Polly Burge	Abellio - SFA Racing Team
Laura Owler	Beeston Cycling Club
Jennifer Hudson	Brother.uk Fusion RT
Rebecca Richardson	Brother.uk Fusion RT
Fiona Russell	Brother.uk Fusion RT
Claire Steels	Brother.uk Fusion RT
Ruth Shier	Brother.uk Fusion RT
April Tacey	Brother.uk Fusion RT
Lucy Williams	Crawley Wheelers
Maria Victoria Vazquez-Tojeiro	Crawley Wheelers
Hannah Bruce	Crimson Orientation Marketing RT
Alexandra Kendall-Smith	Crimson Orientation Marketing RT
Laura Tissman	Crimson Orientation Marketing RT
Alice Lethbridge	Drag2Zero
Emma Pickering	Dulwich Paragon CC
Claire Hughes	Dynamic Rides CC
Jess Fawcett	Jam Cycling RT cpached by BPC
Lyndsay Fitzgerald	Jam Cycling RT cpached by BPC
Annie Mcbain	Jam Cycling RT cpached by BPC
Angela Radden-Rutt	Jam Cycling RT cpached by BPC
Alison Rothnie	Jam Cycling RT cpached by BPC
Rosie Wallace	Liv Awol
Victoria Strilla	PSUK / Cycle Race Team
Alice Towers	RST / Cycle Division RT
Gem Atkinson	Scarpa Racing
Emma Jane Hornsby	Scarpa Racing
Anna Shackley	Team22
Marianne Holt	Team Bottrill
Anneleen Bosma	Team LDN
Francesca Cutts	Team LDN
Elizabeth Hughes	Team LDN
Amy Marks	Team LDN
Kerry Middleton	Team LDN
Helen Ralston	Team LDN
Alicia Speake	Team LDN
Sophie Earl	Team LDN
Vicki Goodwin	Valley Striders CC
Kelsey Fuss	VC Lancy
Hannah Johnson	VC Londres
Danielle Forshaw	VC Londres
Laura Senior	VC Godalming Haslemere
Clare Parkin	VC Godalming Haslemere
Rosina Digne-Malcolm	VC Venta
	Velociposse



Continental 
The Future in Motion

deutsche technik 

**LET
NOTHING
STOP YOU
IT'S YOUR
TIME**



Protection, comfort, control and speed in perfect balance so you can
make the most of what's really important, your ride.

GRAND PRIX 5000

conti-bicycletires.com



2017 FINAL RESULTS WOMEN'S TOUR OF SUSSEX




Orro Bikes Yellow Jersey - Overall Individual Winner Emma Lewis - BowlPhish Racing



2017 - Final Overall Standings

1st	Emma Lewis - BowlPhish Racing	04:32:58
2nd	Rebecca Johnson - Aprire Bicycles/HSS Hire	+ 00:02:19
3rd	Claire Steels - Peterborough Cycling Club	+ 00:02:20
4th	Ruth Summerford - Velopace CC	+ 00:03:29
5th	Maryka Sennema - Fusion RT Fierlan	+ 00:05:25
6th	Georgina Panchoaud - Bianchi Dama UK	+ 00:05:40
7th	Fiona Hunter Johnston - Fusion RT Fierlan	+ 00:05:40
8th	Helen Rolston - Sigma Sport	+ 00:05:57
9th	Victoria Collins - London Dynamo	+ 00:06:07
10th	Holly MacMahon - WXC World Racing	+ 00:06:41

2017 - Stage One Lewes (Grand Depart) to Laughton - Road Race

1st	Emma Lewis - BowlPhish Racing
2nd	Delia Beddis - Les Filles Queen of the Mountains RT
3rd	Karla Boddy - Team Corley Cycles
4th	Tina Hartwright - Fusion RT Fierlan
5th	Lauren Murphy - Liv Cycling Club - Epic Coaching
6th	Victoria Collins - London Dynamo
7th	Francoesca Cutts - CC London
8th	Sarah Walker - EDCO Continental
9th	Claire Steels - Peterborough Cycling Club
10th	Helen Rolston - Sigma Sport

2017 - Stage Two Eastbourne to Beachy Head Climb - ITT

1st	Emma Lewis - BowlPhish Racing
2nd	Ruth Summerford - Velopace CC
3rd	Maryka Sennema - Fusion RT Fierlan
4th	Rebecca Johnson - Aprire Bicycles / HSS Hire
5th	Claire Steels - Peterborough Cycling Club
6th	Fiona Hunter Johnston - Fusion RT Fierlan
7th	Georgina Panchoaud - Bianchi Dama UK
8th	Holly MacMahon - WXC World Racing
9th	Victoria Collins - London Dynamo
10th	Karla Boddy - Team Corley Cycles

2017 - Stage Three Eastbourne Pier to Beachy Head Circuit - RR

1st	Emma Lewis - BowlPhish Racing
2nd	Claire Steels - Peterborough Cycling Club
3rd	Rebecca Johnson - Aprire Bicycles / HSS Hire
4th	Ruth Summerford - Velopace CC
5th	Georgina Panchoaud - Bianchi Dama UK
6th	Maryka Sennema - Fusion RT Fierlan
7th	Helen Rolston - Sigma Sport
8th	Fiona Hunter Johnston - Fusion RT Fierlan
9th	Victoria Collins - London Dynamo
10th	Holly MacMahon - WXC World Racing



HUNT 50 CARBON AERO DISC WHEELS WIDE 27MM U-PROFILE AERO, TUBELESS READY RIMS, WIND-TUNNEL TESTED BY LUISA DRAFFONE, MSc AEROSPACE ENGINEERING, HUNT ENGINEERING MANAGER, HAND-BUILT ONTO 7.5 DEGREE FAST ENGAGEMENT SPRINT HUBS, DESIGNED & TESTED IN SUSSEX, UK, 1487 GRAMS, £899.



BEACHY HEAD

classic

May 26th, 2019

Returning for 2019 as a supporting
race for the Women's Tour of Sussex.
Previously an E/1/2 National B Race.



SOCIAL MEDIA

#TOUROFSUSSEX

GET INVOLVED ONLINE



Facebook

@TourOfSussex



Twitter

@SussexTour



Instagram

@TourOfSussex



Website

www.tourofusssex.com

TOUR OF
SUSSEX
COMMUNICATIONS

Stay up to date with us online for daily coverage of all the latest and greatest Tour of Sussex news, information, results, videos and photography.

PAST & CURRENT COVERAGE

BBC SUSSEX



cyclinghub

Cycling
WEEKLY

BIKEBIZ

road.cc

latest tv

heart

More
RADIO

County Times



Gazette

The Argus



Herald

Mid Sussex Times



Observer

SUSSEX EXPRESS

Herald



SPECIAL THANKS

2019 WOMEN'S TOUR OF SUSSEX

CHARITY PARTNER

MARTLETS HOSPICE



BIKE PARTNER

ORRO BIKES



FINANCE PARTNERS

BREWIN DOLPHIN

MIKE OLIVER
ASSOCIATES

LEGAL PARTNER

LEIGH DAY

Leigh Day

WHEELS PARTNER

HUNT WHEELS



TYRE PARTNER

CONTINENTAL TYRES



MAP PARTNER

LEZYNE GPS



LIGHT PARTNER

iLB SMART TAIL LIGHT



BEER PARTNER

DARK STAR BREWERY



MEDIA PARTNER

CYCLING HUB



VIDEO PARTNER

ZOU ZOU PICTURES



TIMING PARTNERS

PROJECT 51



360

THREESIXTYSPOURT.CO.UK

FINAL MESSAGE

We would like to thank all of the sponsors, partners, service suppliers, personnel and volunteers involved in delivering this years events.

Good luck to all of this years riders. We hope you achieve all of your targets and most importantly, enjoy the challenge. Allez! Allez! Allez!

With further thanks to:

- British Cycling
- Lewes District Council
- South Downs National Park
- Spiel Design
- Milltag Custom
- WANT Medical Sussex
- Cooden Security

Videography
Imagery & Photography:

- Klick Chick Photography
- Jody Coxon
- Emma Gearing
- Neil Hart
- Three Sixty Sport Ltd
- Mark Emsley
- Zouzou Pictures
- Remi Saward

TOUR OF **SUSSEX** SCHEDULE

2019 WOMEN'S STAGE RACE
STAGES 01-03: MAY 25-26

STAGE ONE: ROAD RACE

Ladies Mile - May 25th (am)
Start: 09:00 Finish: 12:00

STAGE TWO: TIME TRIAL

Beachy Head - May 25th (pm)
First Rider: 18:00 Last Rider: 19:00

STAGE THREE: ROAD RACE

Beachy Head Circuit - May 26th (pm)
Start: 13:30 Finish: 16:00
Final & Support Race Prize Giving: 17:00

THE BEACHY HEAD CLASSIC **SUPPORT RACE: MAY 26 (AM)**

EVENT PARTNERS:

